



Name of the program: Train your Brain

Duration: 8 weeks (4 hours a week)

Train your Brain

Train your brain program covers various dimensions and importance of a person's compelling personality. It helps to improve and learn to understand personality traits. And also help in establishing a vital contribution to the world of business. This course gives awareness to students about the various dynamics of personality development. We can say personality Development is overall psychological development.

This program teaches how to communicate, how to present as having to show kind skills. It also focuses the personal management, grooming, health, and nutrition along with soft skills.

It includes eight weeks covering below mentioned topics:-

- *Presentation Skills / Resume Writing*
- *Communication Skills*
- *Interpersonal Skills*
- *Work Place Etiquette*
- *Meeting / Telephone / Group Etiquette*
- *Body Language*
- *Self Confidence*
- *Positive Attitude*
- *Conversation English*
- *Pronunciations*
- *Story narrations*
- *Speech fluency*
- *Self-Motivation*
- *Confidence Building*



- *Role Plays*
- *Reporting, Speaking habits*
- *Powerful Presentation Techniques*
- *Time management*
- *Stress Management*
- *Grooming*
- *Creative thinking*
- *Analytical and out of the box thinking*
- *Executive Corporate Attire / Formal Dressing*
- *Mock Interviews*

Additional Features:

- *100% Placement Assistance*
- *Seminar by Industry Experts on relevant topics*